#### Government Post-Graduate College, Ambala Cantt.

(Affiliated to Kurukshetra University, Kurukshetra)





3.3.2 Number of research papers per teachers in the Journals notified on UGC website during the last five years (2016-2021)

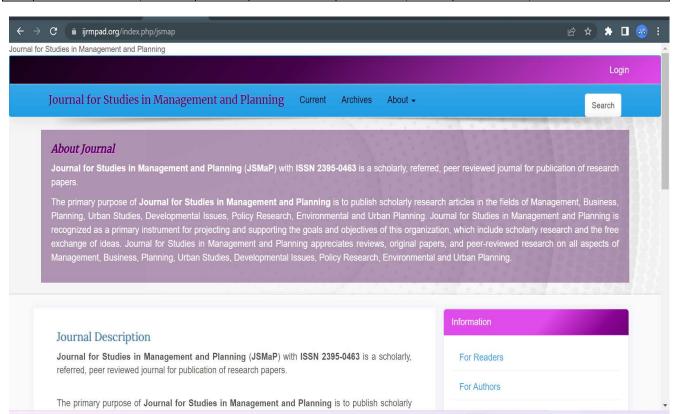
Session: 2017-18

Title of paper	Name of the author/s	Department of the teacher	Name of journal	Year of publicat ion	ISSN number		recognition in UGC rnal /Digital Objec er	
						Link to website of the Journal	Link to article/paper/abstr act of the article	Is it listed in UGC Care list/Scopu s/Web of Science/ot her, mention
Issues and Challenges For HR Professional in Indian Scenario	Shagun Ahuja	Commerce	Journal of Studies in Management and Planning	2017	2395- 0463	https://ijr mpad.org/ index.php/ jsmap	https://ijrmpad.org /index.php/jsmap/ article/view/2543	NIL
Cashless Transaction and Indian Business	Naib Singh	Commerce	Journal for Studies in Management and Planning	2017	2395- 0463	https://ijr mpad.org/ index.php/ jsmap	https://ijrmpad.org /index.php/jsmap/ article/view/2538	NIL
Ionization process of fluorine atom by a semi empirical formula	Sushma	Physics	International Research Journal of Management Science and Technology	2017	2250 - 1959(0nli ne) 2348 - 9367 (Print)	http://ww w.irjmst.c om/	http://www.irjmst. com/abstractview/ 6195	NIL
Scattering ionization cross section of sodium atom by electron impact etching	Sushma	Physics	International Research Journal of Management Science and Technology	2017	2250 - 1959(0nli ne) 2348 - 9367 (Print)	http://ww w.irjmst.c om/	http://www.irjmst. com/abstractview/ 6194	NIL
मन्नू भंडारी की कहानियों में नारी- संघर्ष	Manjeet Kaur	Hindi	द्रष्टा	2017	2277- 2480	-	-	NIL
अमृतलाल नागर के उपन्यासों में यथार्थ बोध	Manjeet Kaur	Hindi	आर्य	2017	2348- 876X	-	-	NIL
ਏਹੁ ਹਮਾਰਾ ਜੀਵਣਾ ਨਾਵਲ ਵਿਚ ਪ੍ਰਤੀਕ ਪਬੰਧ	Neelam Rani	Punjabi	Hindu	2017	2348- 0114	-	-	NIL
A Study Relating To Diversion of Agricultrual Credit	Ajit Singh	Commerce	International Journal of Economics, Commerce and Research	2017	2319- 4472, 2250- 0006	http://ww w.tjprc.or g/view- archives.p hp?keywo rd=&jtype =2&from date=&to date=&jou rnal=41	http://www.tjprc.o rg/publishpapers/2 -41-1509445224- 1.IJECRDEC2017 1.pdf	NIL
A Study of Stress Management by Working Women	Shweta Garg	Commerce	Global Journal For Research Analysis	2018	2277- 8160	https://ww w.worldwi dejournals .com/glob al-journal- for- research- analysis- GJRA/	https://www.worl dwidejournals.co m/global-journal- for-research- analysis- GJRA/article/a- study-of-stress- management-by- working- women/ODM4Ng	NIL

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Funding The Empire: Haryana's Financial Contribution to the Great War	Atul Yadav	History	Academic Discourse	2018	2278- 3296 Print 2349- 4441 Online	https://ind ianjournal s.com/ijor. aspx?targe t=ijor:adi &type=ho me	https://indianjoum als.com/ijor.aspx? target=ijor:adi&v olume=7&issue=1 &article=003	NIL
After Experience: Body, Trauma, Memory and Forgetting	Anju Jagpal	English	Conifers Call: Shimla Journal of Poetry and Criticism	2018	0975- 5365	https://con iferpublica tions.word press.com/ about/		NIL



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	Challenges For	Ahuja	erce	Studies in		2395-	pad.org/ind	ex.php/jsmap/article/vi	
	HR Professional			Management		0463	ex.php/jsm	ew/2543	
	in Indian			and Planning		0403	ар		
	Scenario						_		







is awarded to

# Dr. Shagun Ahuja

Issues And Challenges For Human Resource Professionals In Indian Scenario

Published in Journal for Studies in Management and Planning, Vol-03, Issue-10 September 2017. ISSN: 2395-0463

International Refereed and Indexed Journal for Research Publication Available at http://internationaljournalofresearch.org/index.php/JSMaP/ Impact Factor 5.40 UGC APPROVED journal Sr No. 46017





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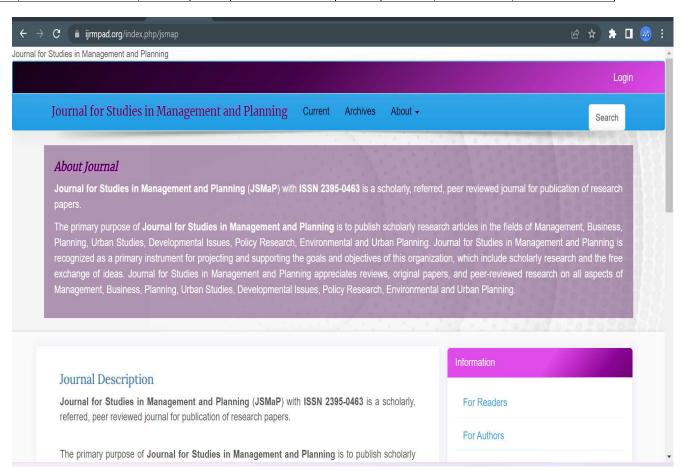
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Journal for Studies in Management and Planning Available at http://edupediapublications.org/journals/index.php/JSMaP/ ISSN: 2395-0463 Volume 03 Issue September 2017 Available online: http://edupediapublications.org/journals/index.php/JSMaP/ P a g e | 120 Issues And Challenges For Human Resource Professionals In Indian Scenario Dr. Shagun Ahuja Assistant Professor, Government College, Ambala Cantt, shagun ahuja82@ yahoo.co.in Abstract Management of human relations in the future will have to face new challenges and



2	Cashless Transaction and Indian Business	Naib Singh	Com merc e	Journal for Studies in Management and Planning	2017	2395- 0463	https://ijrmp ad.org/index. php/jsmap	https://ijrmpad.or g/index.php/jsma p/article/view/253 8	







## Journal for Studies in Management and Planning Available at http://edupediapublications.org/journals/index.php/JSMaP/

ISSN: 2395-0463 Volume 03 Issue 10 September 2017

### Cashless Transaction and Indian Business

Naib Singh

Assistant Professor, Deptt. of Commerce, Govt. P.G. College, Ambala Cantt. Ambala Cantt. (Haryana)

#### Abstract

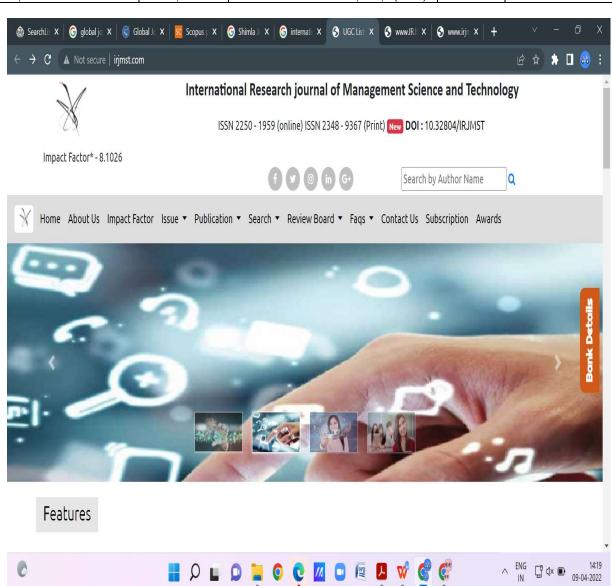
Cashless transactions include the transactions which are performed without physical form of currency. Currency includes paper notes and coins. While making cashless transactions we make the use of various digital ways for making and receiving the payments. Government of

#### Introduction

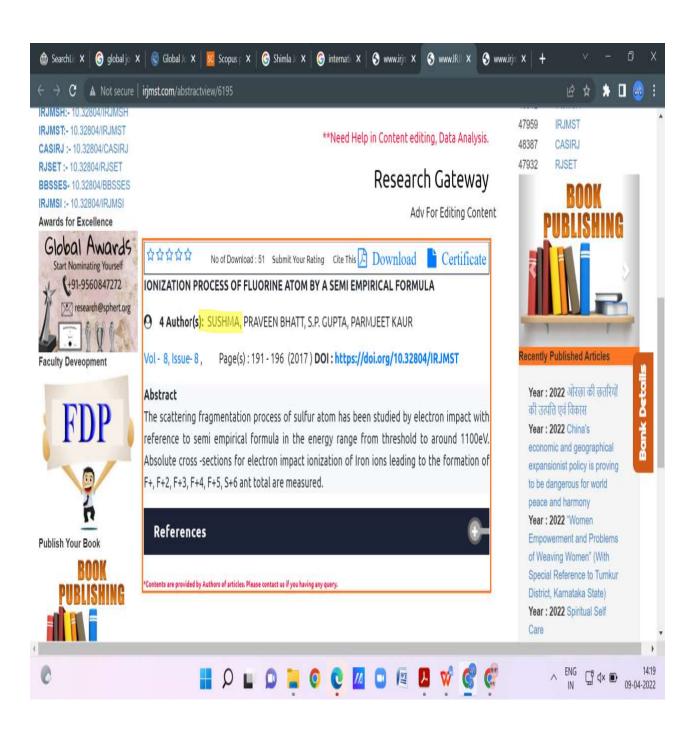
Cashless transactions include the transactions which are performed without physical form of currency. Currency includes paper notes and coins. While making cashless transactions we make the use of various digital ways for making and



3	Ionization process of	Sush	Physics	International Research	20	2250 -	http://ww	http://www.irjmst.com
	fluorine atom by a	ma		Journal of	17	1959(0n	w.irjmst.co	/abstractview/6195
	semi empirical			Management Science		line)	m/	
	formula	-		and Technology		2348 -		
			l			9367		
						(Print)		









#### Ionization Process of Fluorine Atom by a Semi Empirical Formula

#### Sushma

Research Scholar, singhania University, Jhunjhunu, Rajasthan, India

#### **Praveen Bhatt**

Professor, Deptt. of Applied Science and Humanities, Asia Pacific Institute of Information Technology

(APIIT SD INDIA) Panipat, (Kurukshetra University, Kurukshetra, India)

praveen34592@gmail.com, praveen34592@rediffmail.com

#### S.P. Gupta

Associate Professor & HOD, Deptt. of Physics, University College,

Kurukshetra University, Kurukshetra, India

#### Parmjeet Kaur

Assistant professor, SGI, Hathwala, Samalkha, Panipat

ABSTRACT:- The scattering fragmentation process of sulfur atom has been studied by electron impact with reference to semi empirical formula in the energy range from threshold to around 1100eV. Absolute cross-sections for electron impact ionization of Iron ions leading to the formation of F<sup>+</sup>, F<sup>+2</sup>, F<sup>+3</sup>, F<sup>+4</sup>, F<sup>+5</sup>, S<sup>+6</sup> ant total are measured.

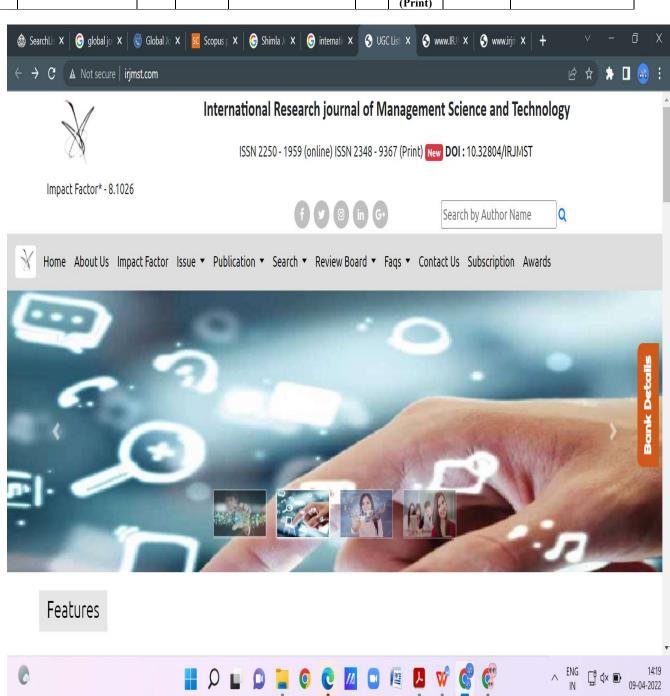


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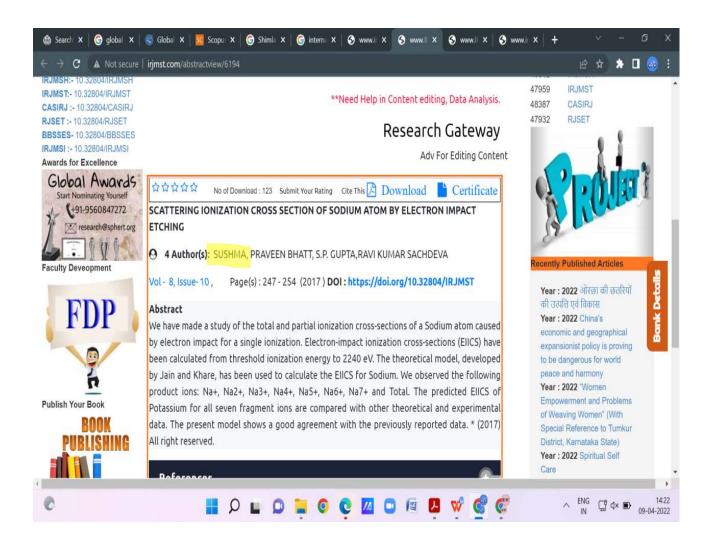
It is certified that m	y publication "Ionization Process of Fluorine atom by a Semi "Session:	
2013-2018	with affiliation Singhania university was published while working as  Jhunjhunu, Rajasthan	i
Assistant/Associate	Professor in Govt. P. G. College, Ambala Cantt., Haryana.  Signature	

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4	Scattering ionization	Sush	Physics	International Research	201	2250 -	http://ww	http://www.irjmst.com
	cross section of	ma		Journal of	7	1959(0n	w.irjmst.co	/abstractview/6194
	sodium atom by			Management Science		line)	m/	
	electron impact			and Technology		2348 –		
	etching					9367		
	_					(Print)		









#### Scattering ionization cross section of Sodium atom by electron impact etching

#### Sushma

Research Scholar, singhania University, Jhunjhunu, Rajasthan, India

#### **Praveen Bhatt**

\*Professor, Deptt. of Applied Science and Humanities, Asia Pacific Institute of Information Technology (APIIT SD INDIA) Panipat, (Kurukshetra University, Kurukshetra, India)

praveen34592@gmail.com, praveen34592@rediffmail.com

#### S.P. Gupta

Associate Professor & HOD, Deptt. of Physics, University College,

Kurukshetra University, Kurukshetra, India

ABSTRACT:- We have made a study of the total and partial ionization cross-sections of a Sodium atom caused by electron impact for a single ionization. Electron-impact ionization crosssections (EIICS) have been calculated from threshold ionization energy to 2240 eV. The theoretical model, developed by Jain and Khare, has been used to calculate the EIICS for Sodium. We observed the following product ions: Na<sup>+</sup>, Na<sup>2+</sup>, Na<sup>3+</sup>, Na<sup>4+</sup>, Na<sup>5+</sup>, Na<sup>6+</sup>, Na<sup>6+</sup>, Na<sup>7+</sup> and Total. The predicted EIICS of Potassium for all seven fragment ions are compared with other theoretical and experimental data. The present model shows a good agreement with the previously reported data. \* (2017) All right

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#### Undertaking

It is certified that my publication "Scattering Ionization cross Section of Sodium" Session:

atom by electron Impact Vetching"

2016 - 2017 . with affiliation Singhania University was published while working as

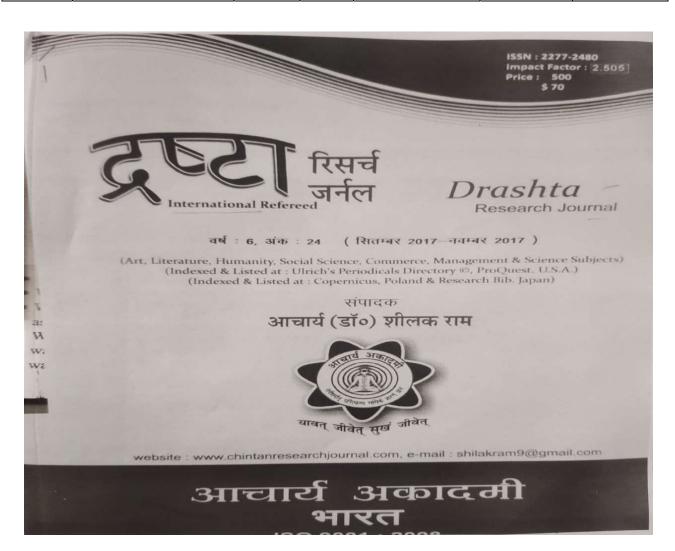
Thunghunu , Rajasthan

Assistant/Associate Professor in Govt. P. G. College, Ambala Cantt., Haryana.

Signature

Principal Govt. P.G. College Ambala Cantt.

5	मन्नू भंडारी की कहानियों में नारी-संघर्ष	Manjeet Kaur	Hindi	द्रष्टा	2017	2277-2480





# मन्त्र भंडारी की कहानियां म नारा-सघष

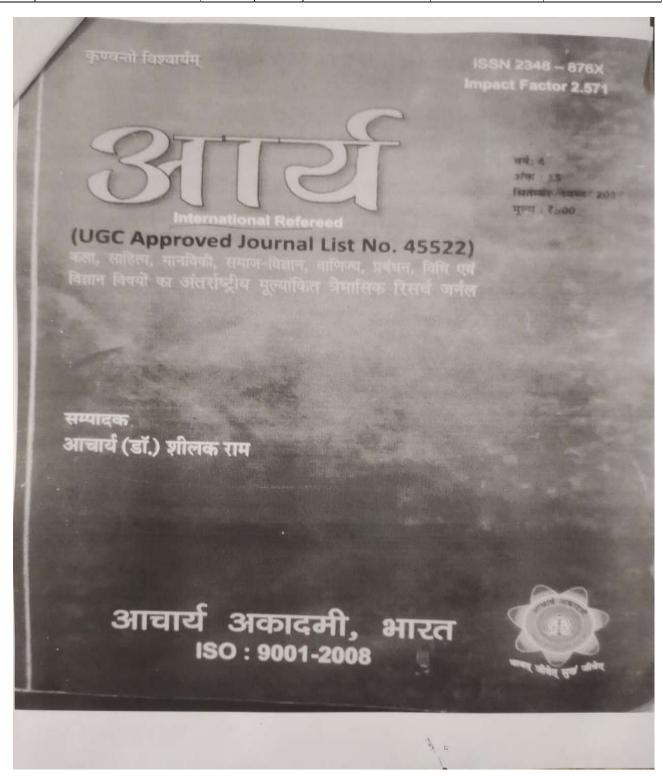
हाँ मनजीत कीर प्रवक्ता, हिन्दी-विभाग राजकीय महाविद्यालय अम्बाला छावनी (हरियाणा)

शोध-आलेख सार

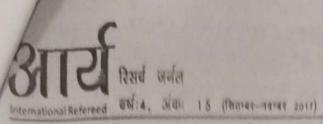
मन्त् भंडारी एक संवेदनशील रचनाकार है । उन्होंने अपेन जीवन के अनुमवी को शब्दों के माध्यम से अपनी कहानियों में अभिव्यक्त किया है । उनकी कहानियों में भारतीय समाज, परिवार, नारी की मन:स्थिति तथा संघर्ष, परिवर्तित बौवन मूल्ब, अकेलापन, कुंठा, विद्रोह, नवीन दृष्टिकोण आदि को व्यक्त किया गया है। मन्तू भंडारी ने नारी मन की परत दर परत का बड़ी सूक्ष्मता से चित्रण किया है । नारी जीवन का संघर्ष उनकी कहानियों का केंद्र रहा है। उन्होंने नारी जीवन की समस्याओं तथा चुनौतियों को गहराई से चित्रित कर साकार रूप प्रदान किया है । उनकी कहानियों नारी को प्रेरित कर नवीन दिए प्रदान करती हैं । आधुनिक नारी की वैचारिक अंतर्द्धन्द्व की स्थिति को उसकी आकांक्साओं के साथ चित्रित कर जीवन के गहरे प्रश्नों को उठाया है । मन् भंडारी एक सशक्त लेखिका है जिन्होंने स्वयं जीवन में अपने दायित्वों का निर्वाह करते हुए अपने लेखन को दिन-प्रतिदिन संघर्ष से नवीनता प्रदान की है। अपने अनुभवों को लेखनी से साकार रूप प्रदान कर एक नई दिशा दिखाई है। नारी को समस्याओं का सामना कर आगे बढ़ने की प्रेरणा देती उनकी कहानियाँ अपने आप में उत्कृष्ट है । हर कहानी में अलग कथ्य नारी की मन:स्थिति को स्पष्ट करने में सक्षम है । आज आवश्यकता है उनके लेखन को समझने की तथा इस दिशा में आगे रचनात्मक कार्य की ताकि यह प्रेरणा आगे भी प्रेरित करती रहे ।

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6	अमृतलाल नागर के उपन्यासों में	Manjeet	Hindi	आर्य	2017	
	यथार्थ बोध	Kaur				2348-876X







( ISSN: 2348 - 876X ) Impact Factor 2.571

(पू.सं. 13-15)

# अमृतलाल नागर के उपन्यासों में यथार्थ बोध

हाँ प्राचीत कीर प्रवक्ता, हिन्दी-विभाग राजकीय महाविद्यालय अम्बाला छावनी (हरिया)

शोध आलेख सार

बहुमुखी प्रतिभा के धनी अमृतलाल नागर जी ने गंभीर साधना तथा परिश्रम के साध जीवन के यथार्थ को अपने उपन्यासों में चित्रित किया है । उन्होंने समाज में दो देखा, अनुभव किया, जिया, भोगा उन्हीं पल-पल के चुने हुए कणों को लेखनीबद्ध किया है । उनके उपन्यासों के विषय यथार्थ जीवन के परिचहन प्रतीत होते हैं । उन्होंने सामाजिक सोद्देश्यता से प्रेरित होकर जन के दुःख-दर्द का यथार्थ वर्णन अपने उपन्यासों में किया है । उन्होंने जीवन की जिटलताओं, मानवीय विवशताओं का वैज्ञानिक निरूपण किया है । उन्होंने मानव-मन का गहराई से विश्लेषण करउसको अभिव्यक्ति प्रदान की है । उनके उपन्यासों में हमें नवीन मृल्य दृष्टि, जीवन का सच्चा-सही रूप देखने को मिलता

Dec.

Principal Govt. P.G. College Ambala Cantt

7	ਏਹੂ ਹਮਾਰਾ ਜੀਵਣਾ ਨਾਵਲ ਵਿਚ	Neelam Rani	Punjabi	Hindu	2017	
	ਪ੍ਰਤੀਕ ਪ੍ਰਬੰਧ					2348-
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(International Refereed) Impact Factor 2.632

हिन्दू अंतरराष्ट्रीय त्रैमासिक शोध-पत्रिका

वर्ष:4, अंक:16 (अगस्त-अक्तूबर, 2017) (पृ.सं. 275-278) (ISSN 2348-0114)

ਏਹੁ ਹਮਾਰਾ ਜੀਵਣਾ ਨਾਵਲ ਵਿਚ ਪ੍ਰਤੀਕ ਪ੍ਰਬੰਧ

**ਡਾ. ਨੀਲਮ ਰਾਣੀ** ਸਰਕਾਰੀ ਕਾਲਜ ਪੰਜਾਬੀ ਵਿਭਾਗ ਅੰਬਾਲਾ ਛਾਉਣੀ

ਦੁਲੀਪ ਕੌਰ ਟਿਵਾਣਾ ਦਾ ਪ੍ਰਤੀਕ ਪ੍ਰਬੰਧ ਕਮਾਲ ਦਾ ਹੈ। ਉਹ ਆਉਣ ਵਾਲੀ ਸਮੱਸਿਆ ਨੂੰ ਪਹਿਲਾ ਹੀ ਪ੍ਰਤੀਕਾਂ ਵਿਚ ਦੱਸ ਦੇਂਦੀ ਹੈ। ਨਾਵਲ ਦੇ ਆਰੰਭ ਤੋਂ ਲੈ ਕੇ ਅੰਤ ਤੱਕ ਇਹ ਪ੍ਰਤੀਕ ਬਾਂ-ਬਾਂ ਤੇ ਪਏ ਹਨ। ਔਰਤਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਉਸ ਨੇ ਪ੍ਰਤੀਕਾਂ ਤੇ ਬਿੰਬਾਂ ਰਾਹੀ ਚਿਤਰਿਆ ਹੈ। ਬਿੱਥ ਤੇ ਪ੍ਰਤੀਕ ਉਸਦੇ ਨਾਵਲ ਵਿਚ ਥਾਂ-ਬਾਂ 'ਤੇ ਪਏ ਹਨ।

ਮੁਖ ਸ਼ਬਦ : ਸ਼ਹਿਰੀ ਜੀਵਨ, ਮਾਨਸਿਕਤਾ, ਕਦਰਾਂ-ਕੀਮਤਾਂ, ਕਲਾਤਮਕਤਾ ।

ਦੁਲੀਪ ਕੈਰ ਟਿਵਾਣਾ ਪੰਜਾਬੀ ਨਾਵਲ ਜਗਤ ਵਿਚ ਇਕ ਵਿਲੱਖਣ ਇਸਤਰੀ ਨਾਵਲਕਾਰਾ ਹੈ। ਉਸਦੇ ਨਾਵਲਾਂ ਦਾ ਕੇਂਦਰੀ ਧੂਰਾ ਔਰਤ ਹੈ। ਔਰਤ ਹੋਣ ਦੇ ਨਾਤੇ ਉਹ ਔਰਤ ਦੀਆਂ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਬਾਖੂਬੀ ਸਮਝਦੀ ਹੈ ਅਤੇ ਆਪਣੇ ਨਾਵਲਾਂ ਵਿਚ ਇਹਨਾਂ ਸਮੱਸਿਆਵਾਂ ਦਾ ਚਿਤਰਣ ਬੜੇ ਹੀ ਕਲਾਤਮਕ ਢੰਗ ਨਾਲ ਕਰਦੀ ਹੈ। ਉਹ ਪੇਂਡੂ ਅਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਨਾਲ ਵਿਚ ਇਹਨਾਂ ਸਮੱਸਿਆਵਾਂ ਦਾ ਚਿਤਰਣ ਬੜੇ ਹੀ ਕਲਾਤਮਕ ਢੰਗ ਨਾਲ ਕਰਦੀ ਹੈ। ਉਹ ਪੇਂਡੂ ਅਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਨਾਲ ਵਿਚ ਇਹਨਾਂ ਸਮੱਸਿਆਵਾਂ ਦਾ ਚਿਤਰਣ ਬੜੇ ਹੀ ਕਲਾਤਮਕ ਢੰਗ ਨਾਲ ਕਰਦੀ ਹੈ। ਉਹ ਪੇਂਡੂ ਅਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਨਾਲ ਵਿਚ ਰਹੀ ਹੈ। ਇਸ ਲਈ ਪੇਂਡੂ ਅਤੇ ਸ਼ਹਿਰੀ ਸਭਿਆਚਾਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਔਰਤਾ ਅੰਗਤ ਦੀ ਮਾਨਸਿਕਤਾ ਦਾ ਉਸ ਨੂੰ ਨਿੱਜ਼ੀ ਅਨੁਭਵ ਹੈ। ਇਸ ਲਈ ਉਹ ਵੱਖਰੇ-ਵੱਖਰੇ ਸਭਿਆਚਾਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਔਰਤਾ ਲਈ ਵੱਖਰਾ-ਵੱਖਰਾ ਦ੍ਰਿਸ਼ਟੀਕੋਣ ਰੱਖਦੀ ਹੈ। ਦੁਲੀਪ ਕੋਰ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦਾ ਜੇਕਰ ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ ਅਤੇ ਅਜੀਤ ਕੋਰ ਲਈ ਵੱਖਰਾ-ਵੱਖਰਾ ਦ੍ਰਿਸ਼ਟੀਕੋਣ ਰੱਖਦੀ ਹੈ। ਦੁਲੀਪ ਕੋਰ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦਾ ਜੇਕਰ ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ ਅਤੇ ਅਜੀਤ ਕੋਰ ਲਈ ਵੱਖਰਾ-ਵੱਖਰਾ ਦਿ੍ਸ਼ਟੀਕੋਣ ਰੱਖਦੀ ਹੈ। ਦੁਲੀਪ ਕੋਰ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦਾ ਜੇਕਰ ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ ਅਤੇ ਅਜੀਤ ਕੋਰ ਲਈ ਵੱਖਰਾ-ਵੱਖਰਾ ਦਿਸ਼ਟੀਕੋਣ ਰੱਖਦੀ ਹੈ। ਦੁਲੀਪ ਕੋਰ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦੀਆਂ ਨਾਇਕਾਵਾਂ ਬੇਬਾਕ ਹਨ। ਇਹ ਸਭਿਆਚਾਰਕ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਨੂੰ ਛਿੱਕੇ ਟੰਗ ਦਿੰਦੀਆਂ ਹਨ ਪਰ ਟਿਵਾਣਾ ਦੀਆਂ ਨਾਇਕਾਵਾਂ ਸਾਊ, ਸੁਸ਼ੀਲ, ਸਭਿਆਚਾਰਕ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਨਾਲ ਲੈਸ ਹੋਈਆਂ ਮਿਲਦੀਆਂ ਹਨ। ਇਹ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਉਨ੍ਹਾਂ ਦੇ ਖੂਨ ਵਿਚ ਸਮਾਈਆਂ ਹੋਈਆਂ ਹਨ। ਕਿਸੇ ਮਜਬੂਰੀ ਵਸ ਉਹ ਇਹਨਾਂ ਦਾ ਪਾਲਣ ਨਹੀਂ ਕਰਦੀਆਂ ਸਗੋਂ ਇਸ ਨੂੰ ਆਪਣੇ ਸਮਾਜ, ਪਰਿਵਾਰ ਦੀ ਦੁਜਤ ਸਮਝਦੀਆਂ ਹਨ। ਪਿੰਡਾਂ ਵਿਚ ਜਿਨ੍ਹਾਂ ਪਰਿਵਾਰਾਂ ਦੀਆਂ ਨੂੰਹਾਂ, ਧੀਆਂ ਇਹਨਾਂ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਨਾਲ ਦਾ ਪਾਲਣ ਪੋਸ਼ਣ ਭਰਦੀਆਂ ਹਨ, ਉਨ੍ਹਾਂ ਦੀ ਪਿੰਡ ਵਿਚ ਵੱਖਰੀ ਪਹਿਚਾਣ ਹੁੰਦੀ ਹੈ। ਸੋ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦੀਆਂ ਪੇਂਡੂ ਸਮਾਜ ਨਾਲ ਸੰਬੰਧਿਤ ਭਰਦੀਆਂ ਹਨ, ਉਨ੍ਹਾਂ ਦੀ ਪਿੰਡ ਵਿਚ ਵੱਖਰੀ ਪਹਿਚਾਣ ਹੁੰਦੀ ਹੈ। ਸੋ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦੀਆਂ ਪੇਂਡੂ ਸਮਾਜ ਨਾਲ ਸੰਬੰਧਿਤ ਭਰਦੀਆਂ ਹਨ, ਉਨ੍ਹਾਂ ਦੀ ਪਿੰਡ ਵਿਚ ਵੱਖਰੀ ਪਹਿਚਾਣ ਹੁੰਦੀ ਹੈ। ਸੋ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦੀਆਂ ਪੇਂਡੂ ਸਮਾਜ ਨਾਲ ਸੰਬੰਧਿਤ ਭਰਦੀਆਂ ਹਨ, ਉਨ੍ਹਾਂ ਦੀ ਪਿੰਡ ਵਿਚ ਵੱਖਰੀ ਪਹਿਚਾਣ ਹੁੰਦੀ ਹੈ। ਸੋ ਟਿਵਾਣਾ ਦੇ ਨਾਵਲਾਂ ਦੀਆਂ ਪੇਂਡੂ ਸਮਾਜ ਨਾਲ ਸੰਬੰਧਿਤ ਭਰਦੀਆਂ ਹਨ, ਦੇ ਤਿਕੇਟਰ ਦੀਆਂ ਪਾਰਨੀ ਹਨ।

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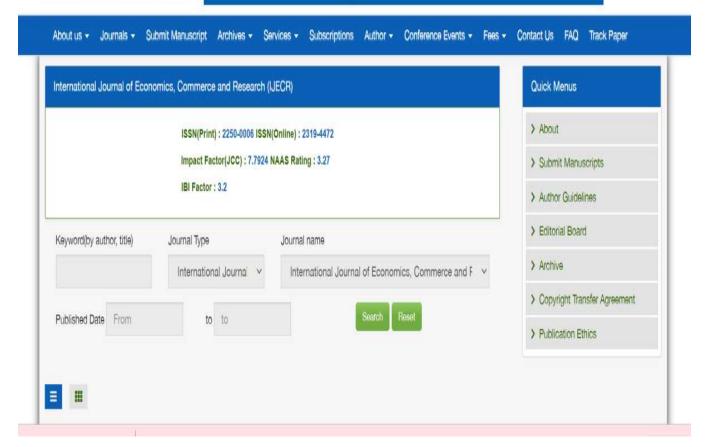
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#### A STUDY RELATING TO DIVERSION OF AGRICULTRUAL CREDIT

#### AJIT SINGH

Associate Professor and Head, Department of Commerce and Management, Government Postgraduate College,

Ambala Cantonment, Haryana, India

#### ABSTRACT

Agricultural development is an integral part of overall economic development of country like India. Though, the share of agricultural sector in gross domestic product (GDP) of India, has reduced from 58 percent (1951-52) to about 17.3 percent (2016-17), still it is considered a decisive driver, in order to achieve 8 to 9 percent growth in GDP. For agricultural development, adequate and timely availability of credit to the farmers is vital and indispensable, as it acts as a catalyst, to move the farmers from traditional to modern agriculture. Agricultural institutional credit has been growing continuously, after the nationalization and other banking sector reforms. But, past experience shows declining trend, in recovery performance of the banks and rural indebtedness, which is affecting adversely the disbursement of agricultural credit. The main reason behind the problem of low recovery is, misutilization of agricultural loan amount, as farmers do not utilize the loan amount, for the purpose for which it is taken. It becomes more dangerous, when agricultural credit amount is utilized for unproductive purposes, which do not generate any income. In light of the





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Volume: VII, Issue: I, January - 2018

#### A STUDY OF STRESS MANAGEMENT BY WORKING WOMEN

**Shweta Garg** 

Abstract:

Modern life is full of stress. As organizations become more complex, the potential for and the amount of stress increases. Urbanization, industrialization, and the increase in scales of operations are causing increasing stress. These are the inevitable consequences of socio-economic complexities. People feel stressed as they can no longer have complete control over what happens in their life. And this situation is more complicated for working women because on the one side they have to look after family, kids, and elders in the family, do household chores and on the other hand they have to cope up with official work deadlines, work pressure, office politics. Working women population is also increasing day by day.

So the researcher feels the need to study how the modern working women are combating the stress created by work life as well as personal life. In this paper researcher has tried to give some suggestions also to overcome the stress.

#### Keywords:

Stress working Eustress stressor psychological harassment stress management

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### **Original Research Paper**

Commerce

#### A STUDY OF STRESS MANAGEMENT BY WORKING WOMEN

#### **Shweta Garg**

Govt. [P.G.] College, Ambala Cantt

**ABSTRACT** 

Modern life is full of stress. As organizations become more complex, the potential for and the amount of stress increases. Urbanization, industrialization, and the increase in scales of operations are causing increasing stress.

These are the inevitable consequences of socio-economic complexities. People feel stressed as they can no longer have complete control over what happens in their life. And this situation is more complicated for working women because on the one side they have to look after family, kids, and elders in the family, do household chores and on the other hand they have to cope up with official work deadlines, work pressure, office politics. Working women population is also increasing day by day.

So the researcher feels the need to study how the modern working women are combating the stress created by work life as well as personal life. In this paper researcher has tried to give some suggestions also to overcome the stress.

**KEYWORDS**: Stress, working, Eustress, stressor, psychological, harassment, stress management

#### Introduction:-

Stress is an individual's response to a disturbing factor in the environment and the consequences of such reaction. Stress obviously involves interaction of the person and the environment. The physical or psychological demands from the environment that cause stress are called stressors. Stress can manifest itself in both a positive way and a negative way. Stress is said to be positive when the situation offers an opportunity for one to gain something. Eustress is the term used to describe positive stress. Eustress is often viewed as motivator since, in its absence, the individual lacks that 'edge 'necessary for peak performance. It is negative when stress is associated with heart-disease, alcoholism, drug abuse, marital

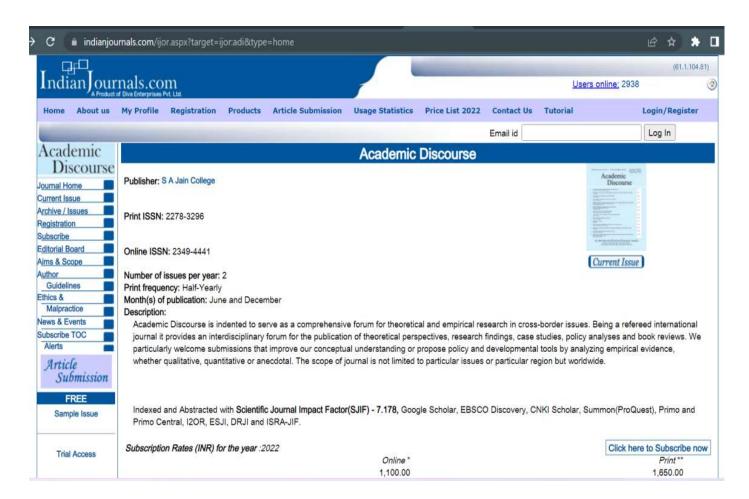
- (2) To know who is more affecting person in the family?
- (3) To study the health issues due to stress
- (4) To know the root causes of stress in lives of working women
- (5) To identify the different ways in which women employees managestress.

#### Literature Review:-

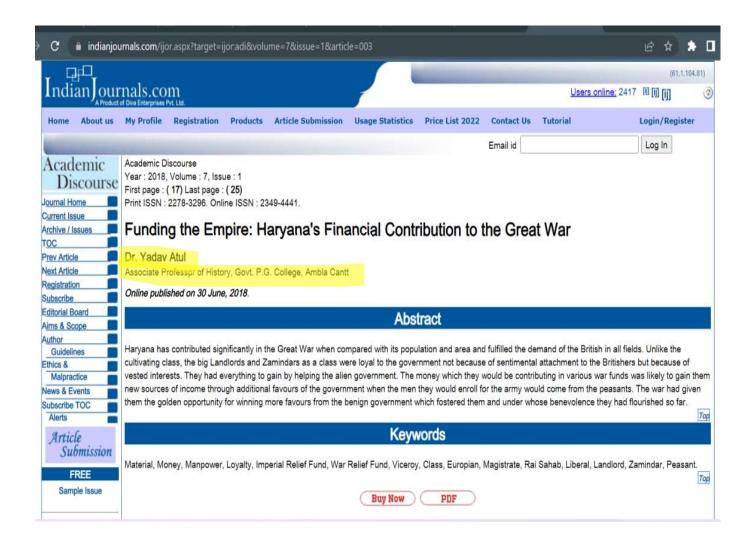
K.Aswathappa (2008), says Individual level stressors directly relates to a person's personality and job responsibilities. Experts estimate that more than 10 million workers have computer related vision problems each year that require a trip to an optometrist. Forty percent of these people use special glasses while working with



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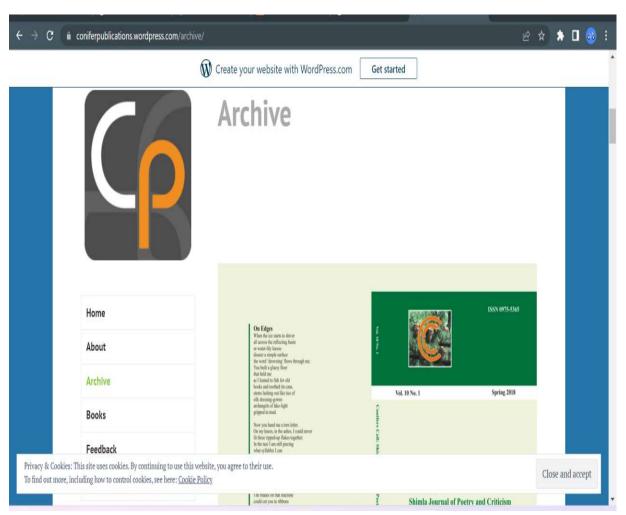








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#### After Experience: Body, Trauma, Memory and Forgetting

\*Anju Jagpal

"FORGETFULNESS is a form of freedom" says Khalil Gibran and for F. Scott Fitzgerald, "Forgotten is forgiven." To add further from another great man, Mahatma Gandhi who declares, "The weak can never forgive. Forgiveness is the attribute of the strong."

It has rightly been said that till we remain the captives of our past, no freedom is possible and self-imposed imprisonment is all the more painful and throttling. Memory plays a substantial role in our life, sometimes romanticising and at others darkening the whole past scenario. It has also been realised that no conciliation is possible till we revisit and face our past confidently and objectively. Sometimes, the memories of the past refuse to fade away as are the memories of the Partition. Now the question arises, how to negotiate the path towards resolving and accepting the deeply embedded anguish, pain and sense of loss that is lying in the collective memory of the two suffering Punjabs; and how to forget and forgive others and our own selves for what happened during and after the partition of India? People from both the Punjabs have been recalling. remembering, reliving their moments of shame, loss, pain and grief. Those who miraculously escaped death during migration, lived in a perennial nightmare. Some could never sleep thereafter, some went mute and some persistent blubberers. The anguished narratives and agonised silences streamed along the immigrants on both the sides. Such huge sufferings and loss could hardly be chronicled in the annals of history or literature adequately. Krishna Sobti, a writer and a Partition refugee, once said that Partition was difficult to forget but dangerous to remember.

Writers, film makers, philosophers, historians, political scientists, psychologists -all have been trying diligently to comprehend and rationalise the frenzy, bigotry and sheer magness that overpowered the multitudes who would later on be

Anju Jagpal: Associate Professor of English, Govt PG College, Ambala Cantt, Haryana.

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Govt. P.G. College
Ambala Cantt